Discussion Questions

Name

Institutional Affiliation

**Question 1**

There is a distinction between the terms achievement, intelligence and aptitude. Achievement can always be described as the actions aimed at reaching a goal. In achievement an individual is always motivated to achieve a defined set of goals. Intelligence can be described as ability to learn from experience, think and solve problems especially when adapting to new situations. Aptitude can be described as the ability to perform a task or an activity. Aptitude is always described as the ability for acquisition of skill or competence through training (Carter, 2018).

**Question** 2

The understanding of mental retardation has changed over the years from a curse to the issue of mental disorder that can be diagnosed and treated. There has been a major change to the society’s attitudes and perspectives towards the issue of mental illness understanding in the society. People have become more accepting of the problems related to mental health and how it affects individuals in the society. This is reflected on the methods used to evaluate mental retardation. The assessments involve the use of comprehensive exams, the identification of social history, genetic testing and interviews with caregivers to understand the pathology of the disease (Carter, 2018).

**References**

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Carter, P. J. (2018). *IQ and psychometric tests: Assess your personality, aptitude and intelligence*. London: Kogan Page.

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